

The X Path



X Path is a guided program to give you a place, time, and space to determine your major. Take time to explore options while staying on track to graduation so you can confidently pursue your future.



ELSIE

*Junior
Carroll, IA*

“Being a part of the X Path helped me decide on a major because I was able to go in without pressure of having to go down a path I wasn't originally set on.”

75% OF PARTICIPANTS
DECLARE A *major*
BY THE END THE
FIRST YEAR

“I really felt comfortable in all of the classes I was put in. My peer mentor had lots of experience so I felt comfortable asking them questions and getting advice.”

over 85% OF PARTICIPANTS
INDICATED HAVING
EXTRA TIME AND TARGETED PROGRAMMING MADE
THEM **MORE CONFIDENT AND
PREPARED** TO MAKE A DECISION.



JOSE

*Sophomore
Sioux City, IA*

Undecided?

We've got a place and a path for you.

Not sure you are ready to declare a major? Morningside has a guided option to help you figure it out. Follow X Path to explore what your future might hold.

Online Class

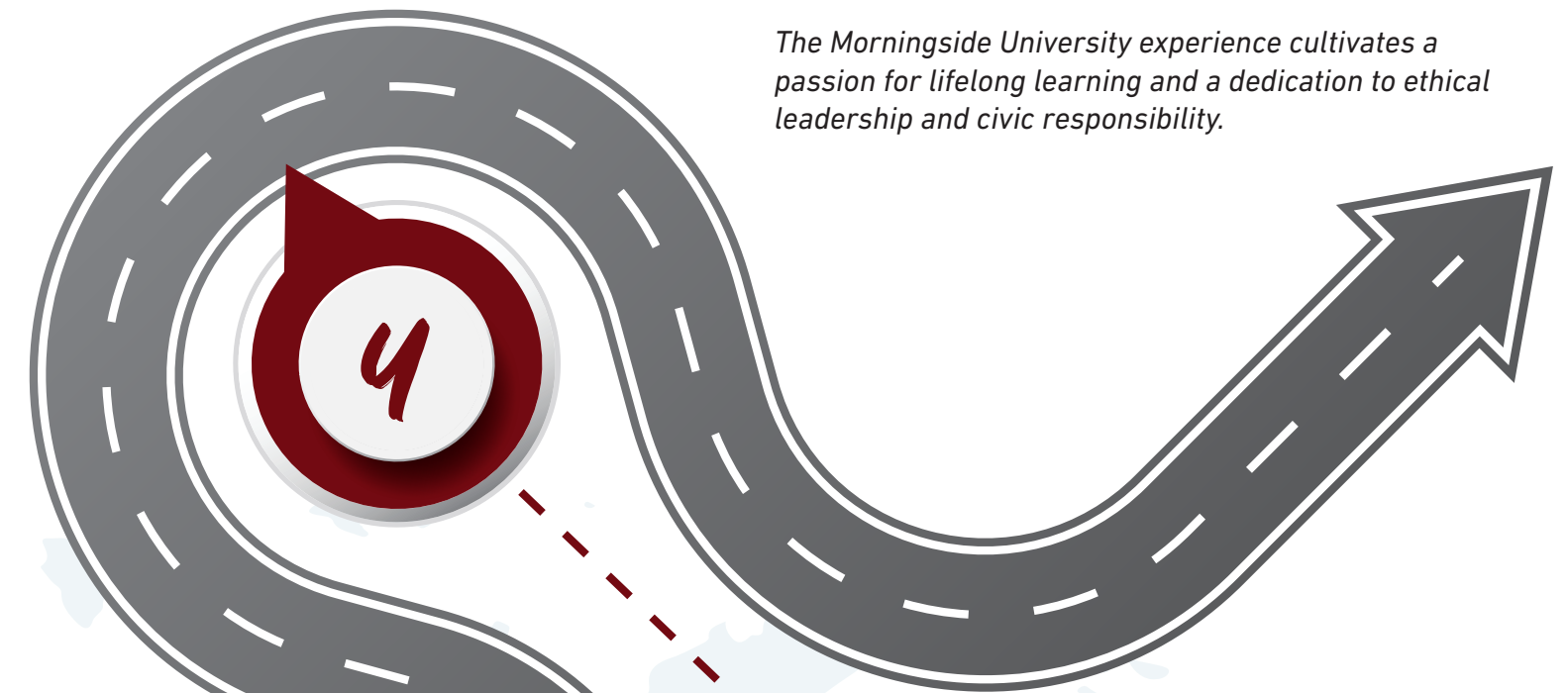
- Continue with career exploration activities that use your Clifton Strengths results
- Take part in a class that includes intentional individualized career and major exploration
- Participate in focused career readiness activities such as résumé development and networking skills

In Person Class

- Dig into your Clifton Strengths results
- Work in a cohort alongside peers in a class
- Take part in activities designed to develop your skills for professional presentations

Before you arrive at Morningside

- Individual advising session with one of the X Path faculty to ensure you are taking classes to explore as well as stay on track.



The Morningside University experience cultivates a passion for lifelong learning and a dedication to ethical leadership and civic responsibility.

Peer Mentors

- Get advice from upperclassmen who have been where you are.
- Your mentor can help you with resources for exploring as well as academic resources and connections to campus.

meet a Peer Mentor

“It was always a great feeling to be able to help students find their place at Morningside. I loved joining them on their journey to move on to the next steps and connecting them to campus. Sharing my experience with new students is so rewarding.”

CAMRIE
Senior
Papillion, NE



Lab Activities

- Participate in career dating, majors mingling, and an individual job shadow to flesh out your interests and rule out options.

Being Undecided Has Advantages

We understand not knowing what you want to do can feel unsettling, but the X Path is a plan designed to help you find answers. In some ways, the X Path provides more opportunities than our traditional majors, giving you confidence in your decision once you do find your path.

X PATH STUDENTS WILL:

- **Enjoy the promise of the XP Guarantee**, which is our promise that you will:
 - Graduate in four years or less
 - Find a job or gain acceptance to graduate school within six months of graduation so long as you follow our requirements*
 - Take part in experiential learning opportunities that will help you grow and prepare for your future
- Have the option to double major and/or have multiple minors
- Get support and assistance in finding the right major for you
- Enjoy unique opportunities to network with Morningside alumni and other professionals
- Experience Morningside's personalized campus culture
- Have access and connections available in Sioux City that are not found in smaller college towns
- Gain on-the-job experience before the end of your second year at Morningside
- Declare a major at the end of two years or sooner if you choose

**morningside.edu/admissions/why-morningside/our-guarantee*



MEET THE FACULTY

Dr. Elizabeth Coody

Assistant Professor of Religious Studies

RELIGIOUS STUDIES • WRITING • INTERDISCIPLINARY
(712) 274-5462
COODYE@MORNINGSIDE.EDU

Dr. Coody uses her academic work in religious studies to invite students to respond to stories and ask questions about culture. She teaches students how to find and evaluate information, think carefully about the subjects they address, gain empathy for other perspectives, write well, and learn to tell their own stories in the process. Since she teaches how to think and learn, students can apply these skills to any discipline or field.

EDUCATION: B.A., Centenary College, 2005; M.A., Iliff School of Theology, 2009; Ph.D., University of Denver and Iliff School of Theology, 2015



Dr. Brandon Boesch

Assistant Professor of Philosophy

CRITICAL THINKING • ETHICS • PHILOSOPHY OF SCIENCE
(712) 274-5374
BOESCHB@MORNINGSIDE.EDU

As a philosopher, Dr. Boesch is interested in many different disciplines--in addition to exploring foundational questions about science, he also examines ethical questions related to healthcare, business, and the environment. His courses at Morningside focus on the way in which philosophy can inform our living--preparing to face ethical challenges as part of living (and dying) well.

EDUCATION: B.A., Benedictine College, 2011; Ph.D. University of South Carolina, 2018



Dr. David Elder

Associate Professor of Humanities

WRITING • RHETORIC • PUBLIC SPEAKING
712-274-5008
ELDERD@MORNINGSIDE.EDU

Dr. Elder knows what it's like to have difficulty finding a major. In college, he went from elementary education to history to writing. However, he thinks his experience in many different types of classes really helped him become a lifelong learner. He tries to bring this interdisciplinary thinking into all the classes he teaches at Morningside, and he loves to help students along their journey.

EDUCATION: B.A., Northwestern College, Ph.D., Texas Christian University



X PATH COORDINATOR

Katie Koithan

Student Experience & Retention Coordinator

712-274-5033
ROSKIEK@MORNINGSIDE.EDU

Katie provides career advising and major exploration to first-year students. Students receive experienced guidance and support to navigate career service tools and resources. Katie creates opportunities for student learning, leadership, and experiential experiences to help students choose the right career path.

