

Sioux City CSD Championship Meet

Hy-Tek's Meet Manager

NAIA Regional Cross Country - 11/5/2005

Region III

Prarie Green Golf Course Sioux Falls, SD

Last Completed Event

Event 1 Women 5k Run CC

Name	Year School	Finals	Points
1 Binsfeld, Genevieve	Minot State	17:46.90	1
2 Washburn, Kerry	Black Hills St.	18:19.52	2
3 Jastorff, Wesleigh	Black Hills St.	18:21.18	3
4 Hostetter, Crystal	Black Hills St.	18:24.61	4
5 Dubbs, Micah	Concordia NE	18:25.91	5
6 Woodruff, Elizabeth	Black Hills St.	18:28.13	6
7 Fowler, Renae	Concordia NE	18:34.26	7
8 Maurer, Michel	Jamestown College	18:37.88	8
9 Dreyer, Anne	Doane College	18:39.61	9
10 Verhulst, Alicia	Black Hills St.	18:40.40	10
11 Houck, Jennifer	St. Scholastica	18:54.84	11
12 Opdahl, Tara	Jamestown College	18:55.25	12
13 Dibbern, Jacquelyn	Concordia NE	19:00.08	13
14 Ellmaker, Erin	Jamestown College	19:02.93	14
15 Hahn, Jamie	Black Hills St.	19:06.01	15
16 Tysdal, Kyla	Sioux Falls	19:09.83	16
17 Matthews, Angela	Concordia NE	19:10.39	17
18 Irvine, Laurelle	Minot State	19:11.94	18
19 Gerdes, Chelsea	Dordt College	19:14.77	19
20 Nakasone, Chioko	Dickinson State	19:16.04	20
21 Kantola, Stacy	St. Scholastica	19:16.70	21
22 Shaw, Scottie	Hastings College	19:17.94	22
23 Johansen, Cortney	Doane College	19:18.41	23
24 Reicks, Erin	St. Scholastica	19:19.69	24
25 Moore, Kelsey	Jamestown College	19:20.42	25
26 Karst, Kendra	Black Hills St.	19:23.17	26
27 Bence, Tiffany	Doane College	19:24.45	27
28 Wutzke, Allyssa	Jamestown College	19:25.83	28
29 Rotness, Marissa	Black Hills St.	19:34.03	
30 Weavill, Katie	Dakota Wesleyan	19:37.33	29
31 Fischer, Amber	Dakota State	19:41.39	30
32 McMillan, Dru	Dana College	19:41.85	31
33 Griedl, Michelle	Concordia NE	19:42.45	32
34 Engel, Kayla	Concordia NE	19:42.76	33
35 Wieringa, Tami	Dordt College	19:43.49	34
36 Clark, Mattie	Concordia NE	19:44.15	35
37 Holmes, Melanie	Jamestown College	19:50.95	36
38 LaFountain, Amanda	Minot State	19:52.88	37
39 Pesek, Anne	Doane College	19:54.03	38
40 Powell, Hilary	Concordia NE	19:55.68	
41 Slater, Sara	Morningside College	19:57.12	39
42 Wicker, Amy	St. Scholastica	19:59.66	40
43 Carrie, Nix	Sioux Falls	19:59.94	41
44 Griedl, Jennifer	Concordia NE	20:00.31	
45 Webber, Christy	Dakota Wesleyan	20:04.41	42
46 Swanson, Katie	Concordia NE	20:05.01	
47 Hennrich, Aspen	Hastings College	20:06.09	43
48 Wiseman, Jacque	Concordia NE	20:08.86	
49 Hummel, Santana	Hastings College	20:10.47	44
50 Bumann, Heidi	Briar Cliff	20:11.10	45

51	Stoks, Katie	Sioux Falls	20:12.40	46
52	Weickert, Jessi	St. Scholastica	20:12.78	47
53	Pingel, Hilary	Hastings College	20:16.17	48
54	Wiebe, Kristen	Minot State	20:17.41	49
55	Grabow, Emily	Morningside College	20:21.47	50
56	Rowenhorst, Lori	Dordt College	20:23.38	51
57	McInnis, Annie	Morningside College	20:24.01	52
58	Ruhland, Jacinta	Briar Cliff	20:27.49	53
59	Moss, Carmen	Northwestern (Ia	20:28.20	54
60	Smith, Bridget	St. Scholastica	20:28.90	55
61	Hanson, Michelle	Dickinson State	20:29.83	56
62	Callan, Nicole	Midland Lutheran	20:30.40	57
63	Pottorff, Brooke	Morningside College	20:32.37	58
64	Nelson, Kelly	St. Scholastica	20:32.92	59
65	Gould, Jennifer	Morningside College	20:33.58	60
66	Gattrell, Monica	Briar Cliff	20:34.15	61
67	Marshall, Jessica	Black Hills St.	20:35.63	
68	Newquist, Jossy	Hastings College	20:36.66	62
69	Henderson, Jenny	Concordia NE	20:37.19	
70	Peterson, Brittany	St. Scholastica	20:41.05	
71	Wambolt, Shanel	Hastings College	20:43.60	63
72	Klatt, Kodi	Dickinson State	20:44.11	64
73	Jacobson, Laura	Northwestern (Ia	20:45.41	65
74	Noel, Ashley	Doane College	20:47.12	66
75	Bolme, Lindsey	Jamestown College	20:48.99	67
76	Larson, Kellie	Sioux Falls	20:52.66	68
77	Pickner, Rachel	Briar Cliff	20:57.89	69
78	Curtis, Audrey	Hastings College	21:01.00	70
79	Anderson, Michaela	Morningside College	21:02.08	71
80	Andvik, Hilary	Jamestown College	21:02.38	
81	Jackman, Amy	Dana College	21:03.60	72
82	Kading, Maggie	St. Scholastica	21:04.45	
83	Gena, Parker	Sioux Falls	21:05.97	73
84	Nelson, Sara	Dakota State	21:10.41	74
85	Adams, Jamie	Black Hills St.	21:11.67	
86	Mollman, Katie	Mount Marty College	21:15.28	75
87	Peterson, Lisa	Dakota State	21:17.57	76
88	Worley, Marnee	Jamestown College	21:18.11	
89	Rust, Nicole	Hastings College	21:21.49	
90	Ainslie, Kathleen	Northwestern (Ia	21:23.49	77
91	Bercier, Jessica	Dickinson State	21:25.29	78
92	Beckett, Brittany	Dakota State	21:26.86	79
93	Ash, Jena	Doane College	21:27.21	80
94	Whitney, Candice	Morningside College	21:29.49	81
95	Pociask, Katie	Sioux Falls	21:30.46	82
96	Majeres, Amy	Mount Marty College	21:31.23	83
97	Kabala, Tabitha	Dana College	21:31.76	84
98	Nelson, Amy	St. Scholastica	21:32.62	
99	Mettler, Paula	Dakota Wesleyan	21:33.41	85
100	Ingwerson, Shelly	Hastings College	21:33.94	
101	Bliemeister, Lindsey	Dana College	21:34.45	86
102	Vernholm, Sophie	Jamestown College	21:35.86	
103	Conner, Casey	Hastings College	21:38.82	
104	Ellsworth, Hattie	Dakota State	21:39.66	87
105	Anderson, Jennifer	Dana College	21:40.61	88
106	Main, Cassie	Morningside College	21:43.27	
107	Wurpts, Beverly	Mount Marty College	21:44.46	89
108	Armstrong, Jenny	Morningside College	21:45.29	
109	Carlson, Kalina	Mount Marty College	21:45.89	90
110	Kruthoff, Michelle	Sioux Falls	21:46.52	91

111	Mueller, Alyssa	Dana College	21:47.65	92
112	Thole, Karla	Briar Cliff	21:48.46	93
113	Driver, Kelsey	Northwestern (Ia	21:50.60	94
114	McIntyre, Amy	Dakota Wesleyan	21:51.81	95
115	Hawton, Amanda	Briar Cliff	21:52.81	96
116	Smith, Heather	Dickinson State	21:55.37	97
117	Weeks, Rachel	Northwestern (Ia	22:05.32	98
118	Korver, Sarah	Northwestern (Ia	22:06.57	99
119	Baker, Tasha	South Dakota Tec	22:08.06	
120	Johnson, Sheila	St. Scholastica	22:12.89	
121	Johnson, Jessica	Sioux Falls	22:17.16	
122	Dryfhout, Heidi	Northwestern (Ia	22:23.29	100
123	Van Driel, Janelle	Dordt College	22:28.37	101
124	McMahon, Randi	Hastings College	22:37.20	
125	VantHof, Kendra	Northwestern (Ia	22:38.71	
126	Galata, Chrissy	Dana College	22:41.62	102
127	Janovec-Easley, Naomi	Mount Marty College	22:43.35	103
128	McConnell, Mallory	Dordt College	22:44.88	104
129	Haase, Melissa	Midland Lutheran	22:50.89	105
130	Cary, Krystal	Dana College	22:53.72	
131	Drury, Kati	Morningside College	23:05.02	
132	De Groot, Lacey	Dordt College	23:06.17	106
133	Severinson, Cari	Midland Lutheran	23:15.28	107
134	Wallman, Lindsey	Doane College	23:23.13	108
135	Hoff, Kelly	Hastings College	23:24.17	
136	Bitz, Jennifer	Jamestown College	23:26.34	
137	Castle, Tina	Dana College	23:57.50	
138	Birkley, Heidi	Dakota Wesleyan	23:57.80	109
139	Heim, Stephanie	Minot State	24:03.21	110
140	Heath, Leena	Midland Lutheran	24:27.20	111
141	Noland, Sarah	Midland Lutheran	24:27.56	112
142	Millar, Whitney	Sioux Falls	24:35.02	
143	Ness, Rachel	Jamestown College	24:37.15	
144	Smith, Erica	Dordt College	24:45.39	113
145	Walsh, Elaine	St. Scholastica	24:54.85	
146	Becker, Jill	Briar Cliff	25:01.31	114
147	Talsma, Lindy	Dordt College	25:04.60	
148	Hanenburg, Sara	Dordt College	25:24.43	
149	Du Mez, Connie	Dordt College	25:25.11	

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Black Hills State Univers	25	2	3	4	6	10	15	26		
	Total Time: 1:32:13.84										
	Average: 18:26.77										
2	Concordia University Nebr	74	5	7	13	17	32	33	35		
	Total Time: 1:34:53.09										
	Average: 18:58.62										
3	Jamestown College	87	8	12	14	25	28	36	67		
	Total Time: 1:35:22.31										
	Average: 19:04.47										
4	College of St. Scholastic	143	11	21	24	40	47	55	59		
	Total Time: 1:37:43.67										
	Average: 19:32.74										
5	Doane College	163	9	23	27	38	66	80	108		
	Total Time: 1:38:03.62										
	Average: 19:36.73										
6	Minot State University	215	1	18	37	49	110				

	Total Time:	1:41:12.34							
	Average:	20:14.47							
7	Hastings College	219	22	43	44	48	62	63	70
	Total Time:	1:40:27.33							
	Average:	20:05.47							
8	University of Sioux Falls	244	16	41	46	68	73	82	91
	Total Time:	1:41:20.80							
	Average:	20:16.16							
9	Morningside College	259	39	50	52	58	60	71	81
	Total Time:	1:41:48.55							
	Average:	20:21.71							
10	Dordt College	309	19	34	51	101	104	106	113
	Total Time:	1:44:34.89							
	Average:	20:54.98							
11	Dickinson State Universit	315	20	56	64	78	97		
	Total Time:	1:43:50.64							
	Average:	20:46.13							
12	Briar Cliff University	321	45	53	61	69	93	96	114
	Total Time:	1:43:59.09							
	Average:	20:47.82							
13	Dakota State University	346	30	74	76	79	87		
	Total Time:	1:45:15.89							
	Average:	21:03.18							
14	Dakota Wesleyan Universit	360	29	42	85	95	109		
	Total Time:	1:47:04.76							
	Average:	21:24.96							
15	Dana College	361	31	72	84	86	88	92	102
	Total Time:	1:45:32.27							
	Average:	21:06.46							
16	Northwestern College (Ia)	388	54	65	77	94	98	99	100
	Total Time:	1:46:33.02							
	Average:	21:18.61							
17	Mount Marty College	440	75	83	89	90	103		
	Total Time:	1:49:00.21							
	Average:	21:48.05							
18	Midland Lutheran College	492	57	105	107	111	112		
	Total Time:	1:55:31.33							
	Average:	23:06.27							