

Cheerleading at Morningside

Getting fired up for the Mustangs!



Let's go Mustangs! Win tonight. Fight, Mustangs, fight!

The Morningside Mustangs need to get fired up. And to help do that, Morningside supports cheerleading squads for football and men's and women's basketball teams.

Cheerleading is one way to stay physically fit and develop leadership skills as you encourage and promote school spirit. It takes a great deal of self confidence and positive enthusiasm to effectively lead a sports crowd and have them respond. Cheerleaders must be self-motivated and be dedicated to promoting team spirit. They must also manage their time well. Morningside's cheerleaders are often active on campus, serving as resident advisors, orientation student assistants, and student government representatives, just to name a few.

How many students does it take to cheer on the Mustangs?

Cheerleading squads are comprised of eight or ten members that cheer for the men's and women's basketball squads and eight members for the football squad. A men's junior varsity basketball cheerleading squad is comprised entirely of freshman members. Male cheerleaders are frequently enlisted to complement each squad.

Cheerleading takes commitment.

Cheerleading at Morningside is not a competitive sport, but it does require athleticism and regular conditioning. All cheerleaders are required to attend two-hour practices three times a week, in addition to personal aerobic and weight training. Football cheerleaders are expected to perform at every home football game. Men's and women's basketball cheerleaders are expected to perform at every home basketball game. Squad uniforms are provided courtesy of the college.

But that's not all.

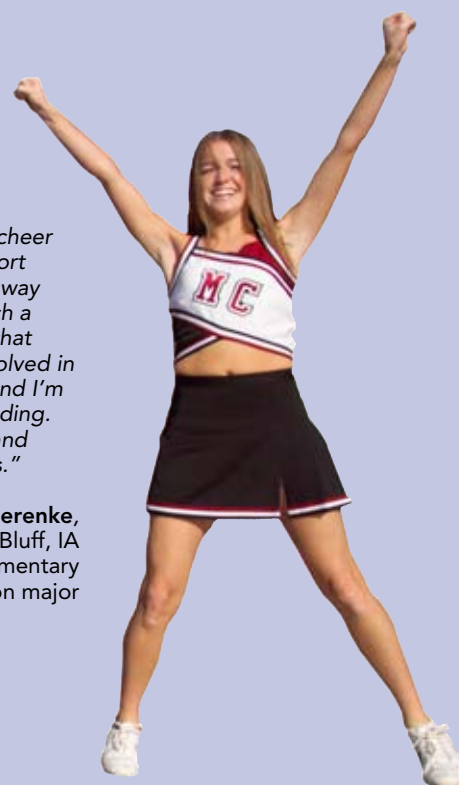
Morningside's cheerleaders aren't afraid to take the ball into their own hands. During one season, squad members organized a spirit club comprised of parents and fans of Morningside athletes, dubbed the "Mustang Gang." Cheerleaders sponsor the annual "Mr. Morningside" contest during homecoming festivities. During summer break, squad members host clinics for area high school cheerleaders, and some members have found part-time employment as cheerleading advisors and coaches for local high school cheerleading squads.

How do I become a part of a squad?

Cheerleading squads at Morningside include both veteran and less experienced cheerleaders. Each season, roughly one-half of the cheerleaders are new, including several freshman students. Whether you have experience in cheerleading or dance, or simply want to try something new, cheerleading is open to anyone who cares to try out. Tryouts for cheerleading are held in the spring. Tryouts consist of a successful performance of a dance routine, a cheer, two chants, two jumps, and one stunt.

"I love being a part of the cheerleading squad! We cheer because we want to support the Mustangs. It's a great way to meet people and is such a good experience. I think that everyone needs to be involved in some activity in college, and I'm glad that mine is cheerleading. We all have so much fun and become very close friends."

Teryn Pomerence,
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Contact Us

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General Questions

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